

## GLUTEN/DAIRY FREE MENU

(THIS MENU IS NOT AVAILABLE ON SUNDAY)

(ALL DISHES ARE SUBJECT TO AVAILABILTY)

(PLEASE TELL US OF YOUR FOOD ALLERGEN BEFORE ORDERING)

### POLITE NOTICE

PLEASE DO NOT ORDER FROM THIS MENU UNLESS YOU HAVE A GLUTEN OR DAIRY INTOLLERENCE. WE ONLY HOLD SMALL BATCHES OF THESE ITEMS FOR FRESHNESS.

#### STARTERS

- |  | £     |
|--|-------|
| • Sweet Potato, Coconut & Lime soup (v) (gf, df)<br>(N.B We do not stock Gluten Free bread)        | 7.99  |
| • Tempura Battered King Prawns on a bed of lettuce,<br>sweet chilli sauce, toasted sesame (gf, df) | 10.99 |
| • Spiced Lamb Kofta, coriander rice, sweet chilli<br>mayo (gf,df)                                  | 10.99 |

#### MAINS

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|--|-------|
| • Tomato, Sweet Potato & Chickpea Tagine, green<br>beans, coriander rice, flaked almonds (v) (gf,df)                               | 16.99 |
| • Thai Green Vegetable Curry, coriander rice, grilled<br>tenderstem broccoli, toasted sesame seeds (v) (gf, df)                    | 17.99 |
| <b>Add Chicken or Prawns to your curry (gf, df)</b>  | 4.99  |
| • Beef Kofta Burger, served with fries, house slaw &<br>garlic dip (gf,df)   | 18.99 |
| • Battered Fish & Fries, mushy peas, tartare (gf, df)  | 18.99 |
| • Pan Fried Salmon Fillet, coriander rice, Thai green<br>curry sauce, grilled tenderstem broccoli, toasted sesame<br>seeds (gf,df) | 24.99 |
| • Lamb Rump served with tomato, sweet potato &<br>chickpea tagine, green beans, flaked almonds (gf,df)                             | 27.99 |
| • Rump Steak, fries, green beans, tenderstem<br>broccoli, house slaw (gf,df)   | 29.99 |

**SIDES: FRENCH FRIES / HOUSE SLAW / MIXED VEG / SALAD... £ 4.99 EACH**

#### DESSERTS

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|---|------|
| • Pavlova... vanilla ice cream, roast pineapple, mango<br>puree, toasted coconut, fresh lime zest (gf,df) | 8.99 |
| • Iced Caramel Parfait... toffee sauce, salted<br>popcorn, honeycomb (gf)                                 | 8.99 |
| • Rhubarb & Almond Frangipane... Rhubarb<br>compote, vanilla ice cream, flaked almonds (gf)               | 8.99 |
| • Selection of Icecream & Sorbet (gf,df)  | POA  |

**ALLERGEN KEY: GLUTEN FREE (gf) DAIRY FREE (df)**

PLEASE TELL US OF ANY FOOD ALLERGENS BEFORE ORDERING  
NUTS USED ON SITE, CANNOT GUARANATEE NUT FREE IN ANY DISHES